



CASE STUDY: CRYSTAL POWERS

Co-owner and co-operator of Darby Springs Farm, Ceresco, Nebraska

The combination of 66 doing something for my local community from a food standpoint and also utilizing farm ecosystem services, like bringing clean water, clean air. and beauty to the community, is the whole package for me.

MOTIVATION AND PRACTICES

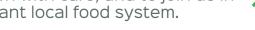
- Motivation for farming is to help people restore land through sustainable agriculture.
- Finds ways to utilize land to her advantage, rather than changing it for more convenient use.
- Philosophy consists of much love and attention paid to livestock.

ABOUT DARBY SPRINGS FARM:

- >>> On-site creamery
- >>> Guernsey cows
- >>> Pastured poultry
- >>> Perennial fruits
- >>> Sustainable practices
- >> Located in Rock Creek saline wetlands



We invite people to experience with us the joy of good food grown with care, and to join us in nurturing our vibrant local food system.







It was really rewarding learning from other women in a collaborative group. Each woman brings her own knowledge, helping all of us see a fuller picture. For the session I led, there was no pressure to have all the answers with the learning circle. I could offer my knowledge and experiences and others could build on it and teach me even more.



Women's Learning Circles are based upon work that is supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture through the North Central Sustainable Agriculture Research and Education program.

