



CASE STUDY: CRYSTAL POWERS

Co-owner and co-operator of
Darby Springs Farm, Ceresco, Nebraska

“ The combination of doing something for my local community from a food standpoint and also utilizing farm ecosystem services, like bringing clean water, clean air, and beauty to the community, is the whole package for me. ”

MOTIVATION AND PRACTICES

- Motivation for farming is to help people restore land through sustainable agriculture.
- Finds ways to utilize land to her advantage, rather than changing it for more convenient use.
- Philosophy consists of much love and attention paid to livestock.

ABOUT DARBY SPRINGS FARM:

- » On-site creamery
- » Guernsey cows
- » Pastured poultry
- » Perennial fruits
- » Sustainable practices
- » Located in Rock Creek saline wetlands

“ We invite people to experience with us the joy of good food grown with care, and to join us in nurturing our vibrant local food system. ”

ON WOMEN'S LEARNING CIRCLES:

“ It was really rewarding learning from other women in a collaborative group. Each woman brings her own knowledge, helping all of us see a fuller picture. For the session I led, there was no pressure to have all the answers with the learning circle. I could offer my knowledge and experiences and others could build on it and teach me even more. ”



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